



Burgess Pool Schedule

Fall: Beginning September 8th, 2026

Instructional/Recreational Pool - 87°

	MONDAY			TUESDAY			WEDNESDAY			THURSDAY			FRIDAY			SATURDAY			SUNDAY	
6 - 7 AM	Laps			Laps			Laps			Laps			Laps			Laps				
	(6)			(6)			(6)			(6)			(6)			(6)				
7 - 8 AM	Laps			Laps			Laps			Laps			Laps			Laps			Laps	
	(6)			(6)			(6)			(6)			(6)			(6)			(6)	
8 - 8:15 AM	Aqua Fit (4)	Laps (2)		Aqua Fit (4)	Laps (2)		Aqua Fit (4)	Laps (2)		Aqua Fit (4)	Laps (2)		Aqua Fit (4)	Laps (2)		Laps (6)		Laps (6)		
8:15 - 8:45 AM	Aqua Fit (4)	Laps (2)		Aqua Fit (4)	Laps (2)		Aqua Fit (4)	Laps (2)		Aqua Fit (4)	Laps (2)		Aqua Fit (4)	Laps (2)	Les (1)	Laps (5)		Laps (6)		
8:45 - 9 AM	Aqua Fit (4)	Laps (2)		Aqua Fit (4)	Laps (2)		Aqua Fit (4)	Laps (2)		Aqua Fit (4)	Laps (2)		Aqua Fit (4)	Laps (2)	Les (1)	Laps (5)		Lessons (3)	Lap (3)	
9 - 10 AM	Laps			Laps			Laps			Aqua Wellness	Laps	Les	Laps			Lessons	Laps	Lessons	Lap	
	(6)			(6)			(6)			(3)	(3)	(1)	(5)			(4)	(2)	(3)	(3)	
10 - 11 AM	Laps						Laps						Les	Laps			Lessons	Laps	Lessons	Lap
	(6)						(6)						(1)	(5)			(4)	(2)	(3)	(3)
11 AM - 12 PM	Laps						Laps						Les	Laps			Lessons	Laps	Lessons	Lap
	(6)						(6)						(1)	(5)			(4)	(2)	(3)	(3)
12 - 12:15 PM	Laps (6)			Laps (4)	Rec (2)		Laps (6)			Les (1)	Laps (3)	Rec (2)	Les (1)	Laps (5)			Lessons (4)	Rec (2)	Family Rec (3)	Lap (3)
12:15 - 1 PM	Laps (6)			Laps (4)	Rec (2)		Laps (6)			Les (1)	Laps (3)	Rec (2)	Laps (6)			Lessons (4)	Rec (2)	Family Rec (3)	Lap (3)	
1 - 1:45 PM				Laps (4)	Rec (2)					Les (1)	Laps (3)	Rec (2)				Lessons (4)	Rec (2)	Rec (3)	Lap (3)	
1:45 - 2 PM				Laps (4)	Rec (2)					Les (1)	Laps (3)	Rec (2)				Rec (3)	Lap (3)	Rec (3)	Lap (3)	
2 - 3 PM				Laps (4)	Rec (2)					Les (1)	Laps (3)	Rec (2)				Rec (3)	Lap (3)	Rec (3)	Lap (3)	
3 - 3:45 PM	Les (2)	Laps (2)	Rec (2)	Les (2)	Laps (2)	Rec (2)	Les (2)	Laps (2)	Rec (2)	Les (2)	Laps (2)	Rec (2)	Les (2)	Laps (2)	Rec (2)	Rec (3)	Lap (3)	Rec (3)	Lap (3)	
3:45 - 4 PM	Les (2)	La (1)	Bridge (3)	Les (2)	La (1)	Bridge (3)	Les (2)	La (1)	Bridge (3)	Les (2)	La (1)	Bridge (3)	Les (2)	Laps (2)	Rec (2)	Rec (3)	Lap (3)	Rec (3)	Lap (3)	
4 - 4:30 PM	Les (2)	La (1)	Bridge (3)	Les (2)	La (1)	Bridge (3)	Les (2)	La (1)	Bridge (3)	Les (2)	La (1)	Bridge (3)	Les (2)	Laps (2)	Rec (2)					
4:30 - 5 PM	Lessons (3)		Bridge (3)	Lessons (3)		Bridge (3)	Lessons (3)		Bridge (3)	Lessons (3)		Bridge (3)	Lessons (3)		Laps (1)	Rec (2)				
5 - 5:30 PM	Lessons (3)		Bridge (3)	Lessons (3)		Bridge (3)	Lessons (3)		Bridge (3)	Lessons (3)		Bridge (3)	Lessons (3)		Laps (1)	Rec (2)				
5:30 - 5:45 PM	Lessons (3)		Bridge (3)	Lessons (3)		Bridge (3)	Lessons (3)		Bridge (3)	Lessons (3)		Bridge (3)	Lessons (3)		Laps (1)	Rec (2)				
5:45 - 6 PM	Lessons (3)		Bridge (3)	Lessons (3)		Bridge (3)	Lessons (3)		Bridge (3)	Lessons (3)		Bridge (3)	Lessons (3)		Laps (1)	Rec (2)				
6 - 7 PM	Lessons (3)	Laps (1)	Family Rec (2)	Lessons (3)	Laps (1)	Family Rec (2)	Lessons (3)	Laps (1)	Family Rec (2)	Lessons (3)	Laps (1)	Family Rec (2)	Lessons (3)	Laps (1)	Family Rec (2)					
7 - 7:30 PM	Laps (4)		Rec (2)	Laps (4)		Rec (2)	Laps (4)		Rec (2)	Laps (4)		Rec (2)	Laps (4)		Rec (2)					
7:30 - 8 PM	Laps (4)		Rec (2)	Laps (4)		Rec (2)	Laps (4)		Rec (2)	Laps (4)		Rec (2)	Laps (4)		Rec (2)					



Laps = Lap Swim, Family Rec = Open/Recreational Family Swim, Lessons= Swim School Lessons, Aqua Fit, Aqua Wellness

Pool schedule is subject to change

Performance Pool- 80°

	MONDAY		TUESDAY		WEDNESDAY		THURSDAY		FRIDAY		SATURDAY		SUNDAY		
6 - 7 AM	Masters (8)	Lap (3)	Masters (8)	Lap (3)	Masters (8)	Lap (3)	Masters (8)	Lap (3)	Masters (8)	Lap (3)	Masters (8)	Lap (3)			
7 - 8 AM	Masters (8)	Lap (3)	Masters (8)	Lap (3)	Masters (8)	Lap (3)	Masters (8)	Lap (3)	Masters (8)	Lap (3)	Masters (8)	Lap (3)	Masters (8)	Lap (3)	
8 - 9 AM	Laps (11)		Laps (11)		Laps (11)		Laps (11)		Laps (11)		Distance Freestyle (8)		Lap (3)	Mavens (8)	Lap (3)
9 - 9:15 AM	Laps (11)		Laps (11)		Laps (11)		Laps (11)		Laps (11)		Laps (11)		Mavens (8)		Lap (3)
9:15 - 10 AM	Legends (3)	Laps (8)	Laps (11)		Legends (3)	Laps (8)	Laps (11)		Laps (11)		YT (2)	Les (1)	Laps (8)	Mavens (8)	Lap (3)
10 - 11 AM	Laps (11)				Laps (11)				Laps (11)		YT (2)	Laps (9)		Laps (11)	
11 - 11:15 AM	Laps (11)				Laps (11)				Laps (11)		YT (2)	Laps (9)		Laps (11)	
11:15 AM - 12 PM	Laps (11)				Laps (11)				Laps (11)		Laps (11)		Laps (11)		
12 - 12:30 PM	Masters (6)	Lap (5)	Masters (6)	Lap (5)	Masters (6)	Lap (5)	Masters (6)	Lap (5)	Masters (6)	Lap (5)	Laps (11)		Laps (11)		
12:30 - 1 PM	Masters (6)	Lap (5)	Masters (6)	Lap (5)	Masters (6)	Lap (5)	Masters (6)	Lap (5)	Masters (6)	Lap (5)	Laps (11)		Laps (11)		
1 - 2 PM			Laps (11)				Laps (11)				Laps (11)		Laps (11)		
2 - 3 PM			Laps (11)				Laps (11)				Laps (11)		Laps (11)		
3 - 4 PM	Laps (11)		Laps (11)		Laps (11)		Laps (11)		Laps (11)		Laps (11)		Laps (11)		
4 - 5 PM	Youth Teams (8)	Laps (3)	Youth Teams (8)	Laps (3)	Youth Teams (8)	Laps (3)	Youth Teams (8)	Laps (3)	Youth Teams (8)	Laps (3)					
5 - 6 PM	Youth Teams (8)	Laps (3)	Youth Teams (8)	Laps (3)	Youth Teams (8)	Laps (3)	Youth Teams (8)	Laps (3)	Youth Teams (8)	Laps (3)					
6 - 7 PM	Youth Teams (8)	Laps (3)	Youth Teams (8)	Laps (3)	Youth Teams (8)	Laps (3)	Youth Teams (8)	Laps (3)	Youth Teams (8)	Laps (3)					
7 - 8 PM	Youth Teams (8)	Laps (3)	Youth Teams (8)	Laps (3)	Youth Teams (8)	Laps (3)	Youth Teams (8)	Laps (3)	Youth Teams (8)	Laps (3)					

Laps = Lap Swim, Masters = Menlo Masters Swim Team, Distance Freestyle, Legends = Legends Swim & Strength for Seniors, MAVENS = Women's Masters Water Polo, Camps = Camp Menlo, Youth Teams = Youth Teams including SOLO, PASA-Menlo Park, Mavericks

Pool schedule is subject to change

Wading Pool

Closed for the season

Pool Closures

Wednesday, November 11 th	Veterans Day	CLOSED
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