



Burgess Pool Schedule

Fall: August 31st- September 7th, 2026

Instructional/Recreational Pool - 87°

Lap

	MONDAY			TUESDAY			WEDNESDAY			THURSDAY			FRIDAY			SATURDAY			SUNDAY	
6 - 7 AM	Laps			Laps			Laps			Laps			Laps			Laps			Laps	
	(6)			(6)			(6)			(6)			(6)			(6)			(6)	
7 - 8 AM	Laps			Laps			Laps			Laps			Laps			Laps			Laps	
	(6)			(6)			(6)			(6)			(6)			(6)			(6)	
8 - 8:45 AM	Aqua Fit (4)	Laps (2)		Aqua Fit (4)	Laps (2)		Aqua Fit (4)	Laps (2)		Aqua Fit (4)	Laps (2)		Aqua Fit (4)	Laps (2)		Laps (6)		Laps (6)		
8:45 - 9 AM	Aqua Fit (4)	Laps (2)		Aqua Fit (4)	Laps (2)		Aqua Fit (4)	Laps (2)		Aqua Fit (4)	Laps (2)		Aqua Fit (4)	Laps (2)		Laps (6)		Lessons (3)	Lap (3)	
9 - 10 AM	Laps			Laps			Laps			Aqua Wellness	Laps		Laps			Lessons	Laps	Lessons	Lap	
	(6)			(6)			(6)			(3)	(3)		(6)			(4)	(2)	(3)	(3)	
10 - 11 AM	Laps			Laps			Laps			Laps			Laps			Lessons	Laps	Lessons	Lap	
	(6)			(6)			(6)			(6)			(6)			(4)	(2)	(3)	(3)	
11 AM - 12 PM	Laps			Laps			Laps			Laps			Laps			Lessons	Laps	Lessons	Lap	
	(6)			(6)			(6)			(6)			(6)			(4)	(2)	(3)	(3)	
12 - 1 PM	Laps	Family Rec		Laps	Family Rec		Laps	Family Rec		Laps	Family Rec		Laps	Family Rec		Lessons	Family Rec	Family Rec	Lap	
	(4)	(2)		(4)	(2)		(4)	(2)		(4)	(2)		(4)	(2)		(4)	(2)	(2)	(3)	
1 - 1:45 PM	Laps (4)	Rec (2)		Laps (4)	Rec (2)		Laps (4)	Rec (2)		Laps (4)	Rec (2)	Les (1)	Laps (3)	Rec (2)		Lessons (4)	Rec (2)	Rec (2)	Lap (3)	
1:45- 2 PM	Laps (4)	Rec (2)		Laps (4)	Rec (2)		Laps (4)	Rec (2)		Laps (4)	Rec (2)	Les (1)	Laps (3)	Rec (2)	Rec (2)	Lap (3)	Rec (2)	Lap (3)		
2 - 2:45 PM	Laps (4)	Rec (2)		Laps (4)	Rec (2)		Laps (4)	Rec (2)		Laps (4)	Rec (2)	Les (1)	Laps (3)	Rec (2)	Rec (2)	Lap (3)	Rec (2)	Lap (3)		
2:45 - 3 PM	Les (2)	Laps (2)	Rec (2)	Les (2)	Laps (2)	Rec (2)	Les (2)	Laps (2)	Rec (2)	Les (2)	Laps (2)	Rec (2)	Les (2)	Laps (2)	Rec (2)	Rec (2)	Lap (3)	Rec (2)	Lap (3)	
3 - 3:45 PM	Les (2)	Laps (2)	Rec (2)	Les (2)	Laps (2)	Rec (2)	Les (2)	Laps (2)	Rec (2)	Les (2)	Laps (2)	Rec (2)	Les (2)	Laps (2)	Rec (2)	Rec (2)	Lap (3)	Rec (2)	Lap (3)	
3:45 - 4 PM	Les (2)	La (1)	Bridge (3)	Les (2)	La (1)	Bridge (3)	Les (2)	La (1)	Bridge (3)	Les (2)	La (1)	Bridge (3)	Les (2)	Laps (2)	Rec (2)	Rec (2)	Lap (3)	Rec (2)	Lap (3)	
4 - 4:30 PM	Les (2)	La (1)	Bridge (3)	Les (2)	La (1)	Bridge (3)	Les (2)	La (1)	Bridge (3)	Les (2)	La (1)	Bridge (3)	Les (2)	Laps (2)	Rec (2)	Rec (2)	Lap (3)	Rec (2)	Lap (3)	
4:30 - 5 PM	Lessons (3)	Bridge (3)		Lessons (3)	Bridge (3)		Lessons (3)	Bridge (3)		Lessons (3)	Bridge (3)		Lessons (3)	Laps (1)	Rec (2)	Rec (2)	Lap (3)	Rec (2)	Lap (3)	
5 - 5:30 PM	Lessons (3)	Bridge (3)		Lessons (3)	Bridge (3)		Lessons (3)	Bridge (3)		Lessons (3)	Bridge (3)		Lessons (3)	Laps (1)	Rec (2)	Rec (2)	Lap (3)	Rec (2)	Lap (3)	
5:30 - 5:45 PM	Lessons (3)	Bridge (3)		Lessons (3)	Bridge (3)		Lessons (3)	Bridge (3)		Lessons (3)	Bridge (3)		Lessons (3)	Laps (1)	Rec (2)					
5:45 - 6 PM	Lessons (3)	Bridge (3)		Lessons (3)	Bridge (3)		Lessons (3)	Bridge (3)		Lessons (3)	Bridge (3)		Lessons (3)	Laps (1)	Rec (2)					
6- 7 PM	Lessons (3)	Laps (1)	Family Rec (2)	Lessons (3)	Laps (1)	Family Rec (2)	Lessons (3)	Laps (1)	Family Rec (2)	Lessons (3)	Laps (1)	Family Rec (2)	Lessons (3)	Laps (1)	Family Rec (2)					
7 - 7:30 PM	Laps (4)	Rec (2)		Laps (4)	Rec (2)		Laps (4)	Rec (2)		Laps (4)	Rec (2)		Laps (4)	Rec (2)						
7:30 - 8 PM	Laps (4)	Rec (2)		Laps (4)	Rec (2)		Laps (4)	Rec (2)		Laps (4)	Rec (2)		Laps (4)	Rec (2)						

Lap Swim, Family Rec = Open/Recreational Family Swim, Lessons= Swim School Lessons, Aqua Fit, Aqua Wellness

Pool schedule is subject to change

Performance Pool- 80°

	MONDAY		TUESDAY		WEDNESDAY		THURSDAY		FRIDAY		SATURDAY		SUNDAY	
6 - 7 AM	Masters (8)	Lap (3)	Masters (8)	Lap (3)	Masters (8)	Lap (3)	Masters (8)	Lap (3)	Masters (8)	Lap (3)	Masters (8)	Lap (3)	Laps (11)	
7 - 8 AM	Masters (8)	Lap (3)	Masters (8)	Lap (3)	Masters (8)	Lap (3)	Masters (8)	Lap (3)	Masters (8)	Lap (3)	Masters (8)	Lap (3)	Masters (8)	Lap (3)
8 - 9 AM	Laps (11)		Laps (11)		Laps (11)		Laps (11)		Laps (11)		Distance Freestyle (8)	Lap (3)	Mavens (8)	Lap (3)
9 - 9:15 AM	Laps (11)		Laps (11)		Laps (11)		Laps (11)		Laps (11)		Laps (11)		Mavens (8)	Lap (3)
9:15 - 10 AM	Legends (3)	Laps (8)	Laps (11)		Legends (3)	Laps (8)	Laps (11)		Laps (11)		YT (2)	Laps (9)	Mavens (8)	Lap (3)
10 - 11 AM	Laps (11)		Laps (11)		Laps (11)		Laps (11)		Laps (11)		YT (2)	Laps (9)	Laps (11)	
11 - 11:15 AM	Laps (11)		Laps (11)		Laps (11)		Laps (11)		Laps (11)		YT (2)	Laps (9)	Laps (11)	
11:15 AM - 12 PM	Laps (11)		Laps (11)		Laps (11)		Laps (11)		Laps (11)		Laps (11)		Laps (11)	
12 - 12:30 PM	Masters (8)	Lap (3)	Masters (8)	Lap (3)	Masters (8)	Lap (3)	Masters (8)	Lap (3)	Masters (8)	Lap (3)	Laps (11)		Laps (11)	
12:30 - 1 PM	Masters (8)	Lap (3)	Masters (8)	Lap (3)	Masters (8)	Lap (3)	Masters (8)	Lap (3)	Masters (8)	Lap (3)	Laps (11)		Laps (11)	
1 - 2 PM	Laps (11)		Laps (11)		Laps (11)		Laps (11)		Laps (11)		Laps (11)		Laps (11)	
2 - 3 PM	Laps (11)		Laps (11)		Laps (11)		Laps (11)		Laps (11)		Laps (11)		Laps (11)	
3 - 4 PM	Laps (11)		Laps (11)		Laps (11)		Laps (11)		Laps (11)		Laps (11)		Laps (11)	
4 - 5 PM	Youth Teams (8)	Laps (3)	Youth Teams (8)	Laps (3)	Youth Teams (8)	Laps (3)	Youth Teams (8)	Laps (3)	Youth Teams (8)	Laps (3)	Laps (11)		Laps (11)	
5 - 5:30 PM	Youth Teams (8)	Laps (3)	Youth Teams (8)	Laps (3)	Youth Teams (8)	Laps (3)	Youth Teams (8)	Laps (3)	Youth Teams (8)	Laps (3)	Laps (11)		Laps (11)	
5:30 - 6 PM	Youth Teams (8)	Laps (3)	Youth Teams (8)	Laps (3)	Youth Teams (8)	Laps (3)	Youth Teams (8)	Laps (3)	Youth Teams (8)	Laps (3)				
6 - 7 PM	Youth Teams (8)	Laps (3)	Youth Teams (8)	Laps (3)	Youth Teams (8)	Laps (3)	Youth Teams (8)	Laps (3)	Youth Teams (8)	Laps (3)				
7 - 8 PM	Youth Teams (8)	Laps (3)	Youth Teams (8)	Laps (3)	Youth Teams (8)	Laps (3)	Youth Teams (8)	Laps (3)	Youth Teams (8)	Laps (3)				

Laps = Lap Swim, Masters = Menlo Masters Swim Team, Distance Freestyle, Legends = Legends Swim & Strength for Seniors, Mavens = Women's Masters Water Polo, Camps= Camp Menlo, Youth Teams = Youth Teams including SOLO, PASA-Menlo Park, Mavericks

Pool schedule is subject to change

Wading Pool

Open Weekends through Labor Day!

Saturday & Sunday 11 am – 5 pm

Plus Monday, September 7th Labor Day 12 – 5 pm

Pool Closures

None