



Burgess Pool Schedule

Fall: August 17th- 23rd, 2026

Instructional/Recreational Pool - 87°

	MONDAY		TUESDAY		WEDNESDAY		THURSDAY		FRIDAY		SATURDAY		SUNDAY	
6 - 7 AM	Laps (6)		Laps (6)		Laps (6)		Laps (6)		Laps (6)		Laps (6)		Laps (6)	
7 - 8 AM	Laps (6)		Laps (6)		Laps (6)		Laps (6)		Laps (6)		Laps (6)		Laps (6)	
8 - 8:45 AM	Aqua Fit (4)	Laps (2)	Aqua Fit (4)	Laps (2)	Aqua Fit (4)	Laps (2)	Aqua Fit (4)	Laps (2)	Aqua Fit (4)	Laps (2)	Laps (6)		Laps (6)	
8:45 - 9 AM	Aqua Fit (4)	Laps (2)	Aqua Fit (4)	Laps (2)	Aqua Fit (4)	Laps (2)	Aqua Fit (4)	Laps (2)	Aqua Fit (4)	Laps (2)	Laps (6)		Lessons (3)	Lap (3)
9 - 10 AM	Laps (6)		Laps (6)		Laps (6)		Aqua Wellness (3)	Laps (3)	Laps (6)		Lessons (4)	Family Rec (2)	Lessons (3)	Family Rec (3)
10 - 11 AM	Laps (6)		Laps (6)		Laps (6)		Laps (6)		Laps (6)		Lessons (4)	Family Rec (2)	Lessons (3)	Family Rec (3)
11 AM - 12 PM	Laps (6)		Laps (6)		Laps (6)		Laps (6)		Laps (6)		Lessons (4)	Family Rec (2)	Lessons (3)	Family Rec (3)
12 - 1 PM	Laps (3)	Family Rec (3)	Laps (3)	Family Rec (3)	Laps (3)	Family Rec (3)	Laps (3)	Family Rec (3)	Family Rec (3)	Laps (3)	Lessons (4)	Family Rec (2)	Family Rec (4)	Laps (2)
1 - 1:45 PM	Laps (3)	Family Rec (3)	Laps (3)	Family Rec (3)	Laps (3)	Family Rec (3)	Laps (3)	Family Rec (3)	Family Rec (3)	Laps (3)	Lessons (4)	Rec (2)	Family Rec (4)	Laps (2)
1:45- 2 PM	Laps (3)	Family Rec (3)	Laps (3)	Family Rec (3)	Laps (3)	Family Rec (3)	Laps (3)	Family Rec (3)	Family Rec (3)	Laps (3)	Family Rec (4)	Laps (2)	Family Rec (4)	Laps (2)
2 - 2:45 PM	Laps (3)	Family Rec (3)	Laps (3)	Family Rec (3)	Laps (3)	Family Rec (3)	Laps (3)	Family Rec (3)	Family Rec (3)	Laps (3)	Family Rec (4)	Laps (2)	Family Rec (4)	Laps (2)
2:45 - 3 PM	Lessons (3)	Family Rec (3)	Lessons (3)	Family Rec (3)	Lessons (3)	Family Rec (3)	Lessons (3)	Family Rec (3)	Family Rec (3)	Laps (3)	Family Rec (4)	Laps (2)	Family Rec (4)	Laps (2)
3 - 4 PM	Lessons (3)	Family Rec (3)	Lessons (3)	Family Rec (3)	Lessons (3)	Family Rec (3)	Lessons (3)	Family Rec (3)	Family Rec (3)	Laps (3)	Family Rec (4)	Laps (2)	Family Rec (4)	Laps (2)
4 - 5 PM	Lessons (3)	Family Rec (3)	Lessons (3)	Family Rec (3)	Lessons (3)	Family Rec (3)	Lessons (3)	Family Rec (3)	Family Rec (3)	Laps (3)	Family Rec (4)	Laps (2)	Family Rec (4)	Laps (2)
5 - 5:30 PM	Lessons (3)	Family Rec (3)	Lessons (3)	Family Rec (3)	Lessons (3)	Family Rec (3)	Lessons (3)	Family Rec (3)	Family Rec (3)	Laps (3)	Family Rec (4)	Laps (2)	Family Rec (4)	Laps (2)
5:30 - 6 PM	Lessons (3)	Family Rec (3)	Lessons (3)	Family Rec (3)	Lessons (3)	Family Rec (3)	Lessons (3)	Family Rec (3)	Family Rec (3)	Laps (3)				
6 - 7 PM	Lessons (3)	Family Rec (3)	Lessons (3)	Family Rec (3)	Lessons (3)	Family Rec (3)	Lessons (3)	Family Rec (3)	Family Rec (3)	Laps (3)				
7 - 8 PM	Laps (3)	Family Rec (3)	Laps (3)	Family Rec (3)	Laps (3)	Family Rec (3)	Laps (3)	Family Rec (3)	Family Rec (3)	Laps (3)				

Laps = Lap Swim, Family Rec = Open/Recreational Family Swim, Lessons= Swim School Lessons, Aqua Fit, Aqua Wellness

Pool schedule is subject to change

Performance Pool- 80°

	MONDAY		TUESDAY		WEDNESDAY		THURSDAY		FRIDAY		SATURDAY		SUNDAY	
6 - 7 AM	Masters	Lap	Masters	Lap	Masters	Lap	Masters	Lap	Masters	Lap	Masters	Lap	Laps	
	(8)	(3)	(8)	(3)	(8)	(3)	(8)	(3)	(8)	(3)	(8)	(3)	(11)	
7 - 8 AM	Masters	Lap	Masters	Lap	Masters	Lap	Masters	Lap	Masters	Lap	Masters	Lap	Masters	Lap
	(8)	(3)	(8)	(3)	(8)	(3)	(8)	(3)	(8)	(3)	(8)	(3)	(8)	(3)
8 - 9 AM	Laps		Laps		Laps		Laps		Laps		Distance Freestyle	Lap	Mavens	Lap
	(11)		(11)		(11)		(11)		(11)		(8)	(3)	(8)	(3)
9 - 9:15 AM	Laps		Laps		Laps		Laps		Laps		Laps		Mavens	Lap
	(11)		(11)		(11)		(11)		(11)		(11)		(8)	(3)
9:15 - 10 AM	Legends	Laps	Laps		Legends	Laps	Laps		Laps		Laps		Mavens	Lap
	(3)	(8)	(11)		(3)	(8)	(11)		(11)		(11)		(8)	(3)
10 - 11 AM	Laps		Laps		Laps		Laps		Laps		Laps		Laps	
	(11)		(11)		(11)		(11)		(11)		(11)		(11)	
11 AM - 12 PM	Laps		Laps		Laps		Laps		Laps		Laps		Laps	
	(11)		(11)		(11)		(11)		(11)		(11)		(11)	
12 - 12:30 PM	Masters	Lap	Masters	Lap	Masters	Lap	Masters	Lap	Masters	Lap	Laps		Laps	
	(8)	(3)	(8)	(3)	(8)	(3)	(8)	(3)	(8)	(3)	(11)		(11)	
12:30 - 1 PM	Masters	Lap	Masters	Lap	Masters	Lap	Masters	Lap	Masters	Lap	Laps		Laps	
	(8)	(3)	(8)	(3)	(8)	(3)	(8)	(3)	(8)	(3)	(11)		(11)	
1 - 2 PM	Laps		Laps		Laps		Laps		Laps		Laps		Laps	
	(11)		(11)		(11)		(11)		(11)		(11)		(11)	
2 - 3 PM	Laps		Laps		Laps		Laps		Laps		Laps		Laps	
	(11)		(11)		(11)		(11)		(11)		(11)		(11)	
3 - 4 PM	Laps		Laps		Laps		Laps		Laps		Laps		Laps	
	(11)		(11)		(11)		(11)		(11)		(11)		(11)	
4 - 5 PM	Laps		Laps		Laps		Laps		Laps		Laps		Laps	
	(11)		(11)		(11)		(11)		(11)		(11)		(11)	
5 - 5:30 PM	Laps		Laps		Laps		Laps		Laps		Laps		Laps	
	(11)		(11)		(11)		(11)		(11)		(11)		(11)	
5:30 - 6 PM	Laps		Laps		Laps		Laps		Laps					
	(11)		(11)		(11)		(11)		(11)					
6 - 7 PM	Laps		Laps		Laps		Laps		Laps					
	(11)		(11)		(11)		(11)		(11)					
7 - 8 PM	Laps		Laps		Laps		Laps		Laps					
	(11)		(11)		(11)		(11)		(11)					

Laps = Lap Swim, Masters = Menlo Masters Swim Team, Distance Freestyle, Legends = Legends Swim & Strength for Seniors, MAVENS = Women's Masters Water Polo, Camps= Camp Menlo, Youth Teams = Youth Teams including SOLO, PASA-Menlo Park, Mavericks

Wading Pool

Open Weekends through Labor Day!

Saturday & Sunday 11 am – 5 pm

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
11 AM - 12 PM						Family Rec	Family Rec
12 - 1 PM						Family Rec	Family Rec
1 - 2 PM						Family Rec	Family Rec
2 - 3 PM						Family Rec	Family Rec
3 - 4 PM						Family Rec	Family Rec
4 - 5 PM						Family Rec	Family Rec

Pool Closures

None