

May 1, 2026

# CAMP MENLO



## MAKING SUMMER MAGIC

### COUNTDOWN TO SUMMER!



## Camp Menlo Water Time at Burgess & Belle Haven

Menlo Swim & Sport is proud to offer water activities to ALL of our camps in one way or another. This email will go through a breakdown of what each Camp will offer and what your child can expect with water time at Burgess & Belle Haven Pool this summer!

Water Time	Camp Menlo Swim	Camp Menlo Swim Jr	Advanced Swim
Swim Instruction	30 minutes Instructional Pool	30 minutes Instructional Pool	1 hour Performance Pool
Open Swim	1 hour Instructional Pool	1 hour Wading Pool or Instructional Pool (dependent on water safety readiness)	1 hour Instructional Pool

After their daily swim lessons and field games, campers will enjoy 1 hour of Open Swim!

Open Swim is for campers to enjoy swimming outside of the instructional environment. Campers will splash and swim with their new friends and play fun water games led by our amazing counselors! Open Swim is a great way to build water confidence and improve swim skills while having a blast.

The Wading Pool will allow our younger campers to practice their swim skills in safe, shallow water as well as provide a fun place for toys and games.

**\*Note:** Belle Haven's Camp will receive one 45-minute swim lesson in addition to 1 hour of Open Swim.

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## Camp Swim Lessons

\*Camp Menlo & Camp Menlo Jr

Campers will be scheduled into levels by our Swim School staff based on the questionnaire form provided during registration. On the first day of camp, our Instructors will assess each student throughout the lesson to ensure students are at the appropriate level based on their current abilities.

Swim lessons are 30-minutes each day (45-minutes for Belle Haven) and are taught by our Menlo Swim and Sport Swim Instructors.

With repetitive practice, students will build the skills needed to pass levels, aiming to become safe and confident swimmers. By the end of each week, students will have had a total of 2.5 hours of water instruction and 5 hours of water play. With consistency in instruction and water exposure over a 5-day camp, students and parents will notice significant improvement and skill development in a short period of time!

Please visit our website to view our [Levels and Classes](#) to see what skills campers will be learning!



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## Camp Swim Certificates

\*Camp Menlo & Camp Menlo Jr

To help keep you informed on your child's progress and know what level to book for our school-year swim lessons, Swim Instructors will fill out swim certificates at the end of each week. The certificate will include a checklist as to which swim skills campers have mastered! On each Friday, campers will get to take home their certificate at pick-up!

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## Our Summer Camp Goal

Our goal is to provide enriching experiences for our campers to develop friendships, self-confidence, and water safety! On dry-land, campers will gain social skills through fun group work activities, whereas camp swim lessons will encourage water confidence and enhance swimming skills quickly through the camp's daily swim schedule.

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**Burgess Pool**  
650-781-5525  
501 Laurel St, Menlo Park, CA 94025

**Belle Haven Pool**  
650-781-5578  
100 Terminal Ave, Menlo Park, CA 94025