



NEWSLETTER



Spring 2026

Hello Camp Families!

Menlo Swim and Sport would like to officially welcome you and your child into Spring Break Camp. We are excited to launch Camp and bring your kids a wonderful spring break experience!

Please read through our welcome email and **learn about our check in/out system**, the daily schedule, and what to bring with you.

Camp Schedule:

**Day Camp: Spring Break Camp
8:30am to 1:30pm**

Spring Break Camp Daily Schedule:

8:30am – 9:00am	Camp check-in
9:00am – 9:15am	Announcements (Introduce counselors, explain the schedule/rules, etc)
9:15am – 9:30am	Group breakout/first swim group preps for lessons
9:30am – 10:00am	Group A Swim Lesson, Field games/crafts for Groups B-D
10:00am – 10:30am	Group B Swim Lesson, Field games/crafts for Groups A, C-D
10:30am – 11:00am	Group C Swim Lesson, Field games/crafts for Groups A-B, D
11:00am – 11:30am	Group D Swim Lesson, Field games/crafts for Groups A-C
11:30am – 12:00pm	Lunch time for all Camps, prep for Open Swim
12:00pm – 1:00pm	Reapply sunscreen, Open Swim for all camps
1:00pm – 1:30pm	Change, clean up, otter pops, Camp check-out

Check-in/Check-Out:

Day 1 check in may take longer than expected. Please plan accordingly.

Please print and fill out our [Emergency Contact Form](#) prior to the first day of Camp. We will have copies if needed, but having this completed beforehand will help speed up check-in!

You will check-in with the Camp Leads at the front desk in the lobby of Burgess Pool.

What To Bring:

1. Towel
2. Swimsuit (changing tents will be available)
3. Goggles (loaners ones available for those without them)
4. Sunscreen / We have some, but if a specific kind is needed, please bring it.
5. Lunch, snacks & water (No food will be provided.)
6. Tennis Shoes for lawn games
7. Backpack or bag to store these items
8. Hat; nice to have, but not required
9. Sweatshirt (Optional)

*Your camper will need to bring their things to and from home and camp daily.

If you have any questions:
customerservice@menloswim.com