

April 30, 2025

# CAMP MENLO

## MAKING SUMMER MAGIC

### Camp Menlo Water Time at Burgess & Belle Haven

Menlo Swim & Sport is proud to offer water activities to ALL of our campers in one way or another. This email will outline what each Camp will offer and what your child can expect with water time at Burgess & Belle Haven Pool this summer!

Water Time	Camp Menlo Jr Swim	Camp Menlo Swim	Advanced Swim
Swim Instruction	30 minutes Instructional Pool	30 minutes Instructional Pool	1 hour Performance Pool
Open Swim	1 hour Wading Pool or Instructional Pool (dependent on water safety readiness)	1 hour Instructional Pool	1 hour Instructional Pool

After their daily swim lessons and field games, campers will enjoy 1 hour of Open Swim!

Open Swim is for campers to enjoy swimming outside of the instructional environment. Campers will splash and swim with their new friends and play fun water games led by our amazing counselors! Open Swim is a great way to build water confidence and improve swim skills while having a blast.

The Wading Pool will allow our younger campers to practice their swim skills in safe, shallow water as well as provide a fun place for toys and games.

\*Note: Belle Haven's Camp will receive two 45-minute swim lessons on Mondays, and one 45-minute swim lesson Tuesday-Friday in addition to 1 hour of Open Swim.

### Camp Swim Lessons

\*Camp Menlo & Camp Menlo Jr

Our Swim School staff will place campers into swim levels based on the questionnaire you filled out during registration. On the first day of camp, our Instructors will assess each

student throughout their lesson to ensure students are in the appropriate level based on their current abilities.

Swim lessons are 30-minutes each day (45-minutes for Belle Haven) and are taught by our Menlo Swim and Sport Swim Instructors.

With repetitive practice, students will build the skills needed to advance levels, aiming to become safe and confident swimmers. By the end of each week, students will have had a total of 2.5 hours of water instruction and 5 hours of water play. With consistency in instruction and water exposure over the 5-day camp, students and parents will notice significant improvement and skill development in a short period of time!

Please visit our website to view our [Levels and Classes](#) to see what skills campers will be learning!



## Camp Swim Certificates

\*Camp Menlo & Camp Menlo Jr

To help track your child's progress and let you know what level to book for our school-year swim lessons, Swim Instructors will fill out swim certificates at the end of each week. The certificate includes a checklist of swim skills campers have mastered! On each Friday at pick-up, campers will collect their certificate to take home!

## Our Summer Camp Goal

Our goal is to provide campers with enriching experiences that help them build friendships, self-confidence, and water safety. On land, they'll develop social skills through fun group activities, while daily swim lessons will boost their water confidence and improve their swimming skills quickly.

**Burgess Pool**  
**650-781-5525**  
501 Laurel St, Menlo Park, CA 94025

**Belle Haven Pool**  
**650-781-5578**  
100 Terminal Ave, Menlo Park, CA 94025

