



# Burgess Pool Schedule

## Winter 2024

January 1<sup>st</sup>- March 10, 2024

### Instructional Pool - 87°

	MONDAY		TUESDAY		WEDNESDAY		THURSDAY		FRIDAY		SATURDAY		SUNDAY						
6 - 7 AM	Laps (6)		Laps (6)		Laps (6)		Laps (6)		Laps (6)		Laps (6)		Laps (6)						
7 - 8 AM	Laps (6)		Laps (6)		Laps (6)		Laps (6)		Laps (6)		Laps (6)		Laps (6)						
8 - 9 AM	Aqua Fit (4)	Laps (2)	Aqua Fit (4)	Laps (2)	Aqua Fit (4)	Laps (2)	Aqua Fit (4)	Laps (2)	Aqua Fit (4)	Laps (2)	Laps (6)		Laps (6)						
9 - 9:30 AM	Laps (6)		Aqua Wellness (3)	Laps (3)	Laps (6)		Aqua Wellness (3)	Laps (3)	Laps (6)		Lessons (4)	Laps (2)	Laps (6)						
9:30 - 10 AM	Laps (6)		Aqua Wellness (3)	Laps (3)	Laps (6)		Aqua Wellness (3)	Laps (3)	Laps (6)		Lessons (4)	Laps (2)	Laps (6)						
10 - 10:30 AM	Laps (6)		A W (2)	Laps (4)	Laps (6)		Laps (6)		Laps (6)		Lessons (4)	Laps (2)	Laps (6)						
10:30 - 11 AM	Les (1)	Laps (5)	A W (2)	Les (1)	Laps (3)	Laps (6)		Les (1)	Laps (5)	Les (1)	Laps (5)	Lessons (4)	Laps (2)	Laps (6)					
11 AM - 12 PM	Les (1)	Laps (5)	Les (1)	Laps (5)	Laps (6)		Les (1)	Laps (5)	Les (1)	Laps (5)	Lessons (4)		Laps (2)	Laps (6)					
12 - 1 PM	Les (1)	Laps (5)	Les (1)	Laps (5)	Laps (6)		Les (1)	Laps (5)	Les (1)	Laps (5)	Lessons (4)	Family Rec (2)	Laps (2)	Family Rec (4)					
1 - 1:30 PM	Les (1)	Laps (3)	Family Rec (2)	Les (1)	Laps (3)	Family Rec (2)	Laps (4)	Family Rec (2)	Les (1)	Laps (3)	Family Rec (2)	Les (1)	Laps (3)	Family Rec (2)	Lessons (4)	Family Rec (2)	Laps (2)	Family Rec (4)	
1:30- 2 PM	Les (1)	Laps (3)	Family Rec (2)	Les (1)	Laps (3)	Family Rec (2)	Laps (4)	Family Rec (2)	Les (1)	Laps (3)	Family Rec (2)	Les (1)	Laps (3)	Family Rec (2)	Les (1)	Lap (1)	Family Rec (4)	Laps (2)	Family Rec (4)
2 - 3 PM	Les (1)	Laps (3)	Family Rec (2)	Les (1)	Laps (3)	Family Rec (2)	Laps (4)	Family Rec (2)	Les (1)	Laps (3)	Family Rec (2)	Les (1)	Laps (3)	Family Rec (2)	Laps (2)	Family Rec (4)	Laps (2)	Family Rec (4)	
3 - 3:45 PM	Lessons (2)	Laps (2)	Family Rec (2)	Lessons (3)	Lap (1)	Family Rec (2)	Lessons (2)	Laps (2)	Family Rec (2)	Lessons (3)	Lap (1)	Family Rec (2)	Lessons (2)	Laps (2)	Family Rec (2)	Laps (2)	Family Rec (4)	Laps (2)	Family Rec (4)
3:45 - 4 PM	Lessons (3)	Bridge (3)	Lessons (3)	Bridge (3)	Lessons (3)	Bridge (3)	Lessons (3)	Bridge (3)	Lessons (3)	Bridge (3)	Lessons (3)	Bridge (3)	Laps (2)	Family Rec (4)	Laps (2)	Family Rec (4)	Laps (2)	Family Rec (4)	
3:45 - 5 PM	Lessons (3)	Bridge (3)	Lessons (3)	Bridge (3)	Lessons (3)	Bridge (3)	Lessons (3)	Bridge (3)	Lessons (3)	Bridge (3)	Lessons (3)	Bridge (3)							
5 - 5:15 PM	Lessons (3)	Bridge (3)	Lessons (3)	Bridge (3)	Lessons (3)	Bridge (3)	Lessons (3)	Bridge (3)	Lessons (3)	Bridge (3)	Lessons (3)	Bridge (3)							
5:15 - 6 PM	Lessons (2)	Youth Team (4)	Lessons (3)	Youth Team (3)	Lessons (2)	Youth Team (4)	Lessons (3)	Youth Team (3)	Lessons (2)	Youth Team (4)	Lessons (3)	Youth Team (3)	Lessons (2)	Youth Team (4)					
6 - 7:15 PM	Lessons (2)	Youth Team (4)	Lessons (3)	Youth Team (3)	Lessons (2)	Youth Team (4)	Lessons (3)	Youth Team (3)	Lessons (2)	Youth Team (4)	Lessons (3)	Youth Team (3)	Lessons (2)	Youth Team (4)					
7:15 - 8 PM	Laps (3)	Family Rec (3)	Laps (3)	Family Rec (3)	Laps (3)	Family Rec (3)	Laps (3)	Family Rec (3)	Laps (3)	Family Rec (3)	Laps (3)	Family Rec (3)							

Lap Swim, Family Recreational/Open Swim, Swim Lessons, Bridge Youth Swim Program, Youth Teams, Aqua Fit, Aqua Wellness (Revolutions in Fitness)

# Performance Pool- 80°

	MONDAY		TUESDAY		WEDNESDAY		THURSDAY		FRIDAY		SATURDAY		SUNDAY				
6 - 7 AM	Masters (8)	Lap (3)	Masters (8)	Lap (3)	Masters (8)	Lap (3)	Masters (8)	Lap (3)	Masters (8)	Lap (3)	Masters (8)	Lap (3)	Laps (11)				
7 - 8 AM	Masters (8)	Lap (3)	Masters (8)	Lap (3)	Masters (8)	Lap (3)	Masters (8)	Lap (3)	Masters (8)	Lap (3)	Masters (8)	Lap (3)	Masters (8)	Lap (3)			
8 - 9 AM	Laps (11)		Laps (11)		Laps (11)		Laps (11)		Laps (11)		Youth (2)	Laps (9)		Mavens (8)	Lap (3)		
9 - 10 AM	Laps (11)		Laps (11)		Le (1)	Laps (10)		Laps (11)		Laps (11)		Youth (2)	LG (2)	Laps (7)			
10 - 11 AM	Laps (11)		Laps (11)		Le (1)	Laps (10)		Laps (11)		Laps (11)		LG (2)	Laps (9)		LG (2)	Laps (9)	
11 - 11:30 AM	Laps (11)		Laps (11)		Le (1)	Laps (10)		Laps (11)		Laps (11)		LG (2)	Laps (9)		LG (2)	Laps (9)	
11:30 AM - 12 PM	Laps (11)		Laps (11)		Laps (11)		Laps (11)		Laps (11)		Laps (11)		LG (2)	Laps (9)		LG (2)	Laps (9)
12 - 1 PM	Masters (8)	Lap (3)	Masters (8)	Lap (3)	Masters (8)	Lap (3)	Masters (8)	Lap (3)	Laps (11)		LG (2)	Laps (9)		LG (2)	Laps (9)		
1 - 2 PM	Laps (11)		Laps (11)		Laps (11)		Laps (11)		Laps (11)		LG (2)	Laps (9)		LG (2)	Laps (9)		
2 - 3 PM	Laps (11)		Laps (11)		Laps (11)		Laps (11)		Laps (11)		LG (2)	Laps (9)		LG (2)	Laps (9)		
3 - 4 PM	Laps (11)		Laps (11)		Laps (11)		Laps (11)		Laps (11)		LG (2)	Laps (9)		LG (2)	Laps (9)		
4 - 5 PM	Youth Teams (8)	Laps (3)	Youth Teams (8)	Laps (3)	Youth Teams (8)	Laps (3)	Youth Teams (8)	Laps (3)	Youth Teams (8)	Laps (3)							
5 - 6 PM	Youth Teams (8)	Laps (3)	Youth Teams (8)	Laps (3)	Youth Teams (8)	Laps (3)	Youth Teams (8)	Laps (3)	Youth Teams (8)	Laps (3)							
6 - 7 PM	Youth Teams (8)	Laps (3)	Youth Teams (8)	Laps (3)	Youth Teams (8)	Laps (3)	Youth Teams (8)	Laps (3)	Youth Teams (8)	Laps (3)							
7 - 8 PM	Youth Teams (8)	Laps (3)	Youth Teams (8)	Laps (3)	Youth Teams (8)	Laps (3)	Youth Teams (8)	Laps (3)	Youth Teams (8)	Laps (3)							

Lap Swim, Menlo Masters, Youth Teams, Menlo Mavens Masters Women's Water Polo, Lifeguard Certification courses

\*\* Lifeguard certification courses are held on select weekends approximately once per month

## **Wading Pool:**

CLOSED for the season

**\*\*Pool schedule is subject to change.**