



Welcome to Camp Menlo!

We are excited to welcome your family to Camp Menlo for the summer of 2023. We are grateful that you have chosen us to add joy and skill development to your young family member.

This marks our 25th year of producing summer camps that inspire, engage and introduce young people to sports that will enhance their well-being for a lifetime.

The origin story of our summer camps spawned because my 3 young, excited and very active children who literally grew up on the pool deck, from strollers to car seats to toddling were fatigued with constantly spectating their swimming mom and coaching dad. They too, wanted to be involved in all the aquatic fun.

My wife led the first year of our aquatic camps, of course with our 3 children embedded in the camps, while I handled the administration. It was invaluable in those formative and defining years to receive unfiltered camp feedback from the leader and from my participant kids.

Camp Menlo and Camp Rinconada (which was added in 2018) still share the DNA of our original camps. The focus is on the kids having a wonderful summer experience with their peers in a super safe, always nurturing and friendly environment. We strive to have them emerge at the end of the week with improved aquatic skills, tired but stronger bodies, and a social connection to their peers from outside of their normal school and family- sphere.

Our desire is to share just some of that magic that is created when summer, sun, water and friends are mixed together. My now adult children often reminisce fondly of their bygone summer camp days.

This is the first chapter of communications that will come to your email every month with the intent of sharing information on the who, where, how, why and when's of our Camps.

Always fun to think ahead to summer while in the grips of winter.

Regards,

Tim Sheeper

CEO Team Sheeper Inc./Menlo Swim and Sport/ Palo Alto Swim and Sport