



# Performance Pool - 80°

|           | MON                 |                | TUE                 |              | WED                 |            | THU                      |              | FRI                 |              | SAT                 | SUN                       |
|-----------|---------------------|----------------|---------------------|--------------|---------------------|------------|--------------------------|--------------|---------------------|--------------|---------------------|---------------------------|
| 6-7       | Masters<br>(9)      | Lap<br>(2)     | Masters<br>(9)      | Lap<br>(2)   | Masters<br>(9)      | Lap<br>(2) | Masters<br>(9)           | Lap<br>(2)   | Masters<br>(9)      | Lap<br>(2)   | Masters<br>(11)     | Laps<br>(11)              |
| 7-8       | Masters<br>(9)      | Lap<br>(2)     | Masters<br>(9)      | Lap<br>(2)   | Masters<br>(9)      | Lap<br>(2) | Masters<br>(9)           | Lap<br>(2)   | Masters<br>(9)      | Lap<br>(2)   | Masters<br>(11)     | Masters<br>(11)           |
| 8-9       | Laps<br>(11)        |                | Laps<br>(11)        |              | Laps<br>(11)        |            | Laps<br>(11)             |              | Laps<br>(11)        |              | Laps<br>(11)        | Laps<br>(11)              |
| 9-10      | Laps<br>(11)        |                | Laps<br>(11)        |              | Laps<br>(11)        |            | Laps<br>(11)             |              | Laps<br>(11)        |              | Laps<br>(11)        | Laps<br>(11)              |
| 10-11     | Laps<br>(11)        |                | Laps<br>(11)        |              | Laps<br>(11)        |            | Laps<br>(11)             |              | Laps<br>(11)        |              | Laps<br>(11)        | Laps<br>(11)              |
| 11-12     | Laps<br>(11)        |                | Laps<br>(11)        |              | Laps<br>(11)        |            | Laps<br>(11)             |              | Laps<br>(11)        |              | Laps<br>(11)        | Laps<br>(11)              |
| 12-1      | Laps<br>(11)        | Masters<br>(8) | Lap<br>(3)          | Laps<br>(11) | Masters<br>(8)      | Lap<br>(3) | Laps<br>(11)             | Laps<br>(11) | Laps<br>(11)        | Laps<br>(11) | Laps<br>(11)        | Laps<br>(11)              |
| 1-2       | Laps<br>(11)        |                | Laps<br>(11)        |              | Laps<br>(11)        |            | Laps<br>(11)             |              | Laps<br>(11)        |              | Laps<br>(11)        | Laps<br>(11)              |
| 2-3       | Laps<br>(11)        |                | Laps<br>(11)        |              | Laps<br>(11)        |            | Laps<br>(11)             |              | Laps<br>(11)        |              | Laps<br>(11)        | Laps<br>(11)              |
| 3-4       | Laps<br>(11)        |                | Laps<br>(11)        |              | Laps<br>(11)        |            | Laps<br>(11)             |              | Laps<br>(11)        |              | Laps<br>(11)        | Laps<br>(11)              |
| 4-5       | Youth Teams<br>(11) |                | Youth Teams<br>(11) |              | Youth Teams<br>(11) |            | Youth Teams<br>(11)      |              | Youth Teams<br>(11) |              | Laps<br>(11)        | Laps<br>(11)              |
| 5-6       | Youth Teams<br>(11) |                | Youth Teams<br>(11) |              | Youth Teams<br>(11) |            | Youth Teams<br>(11)      |              | Youth Teams<br>(11) |              |                     |                           |
| 6-7       | Youth Teams<br>(11) |                | Youth Teams<br>(11) |              | Youth Teams<br>(11) |            | Youth Teams<br>(11)      |              | Youth Teams<br>(11) |              | Youth Teams<br>(11) | Underwater Hockey<br>(11) |
| 7-8:15    | Youth Teams<br>(11) |                | Youth Teams<br>(11) |              | Youth Teams<br>(11) |            | Youth Teams<br>(11)      |              | Youth Teams<br>(11) |              | Youth Teams<br>(11) | Underwater Hockey<br>(11) |
| 8:15-9:15 | Masters<br>(9)      | Lap<br>(2)     | Laps<br>(11)        |              | Masters<br>(9)      | Lap<br>(2) | Underwater Hockey<br>(8) |              | Lap<br>(3)          |              |                     |                           |
| 9:15-10   | Laps<br>(11)        |                | Laps<br>(11)        |              | Laps<br>(11)        |            | Underwater Hockey<br>(8) |              | Lap<br>(3)          |              |                     |                           |

