

Welcome To Camp Menlo Jr Lifeguard Challenge: Please Read!

Hello Camp Families!

Menlo Swim and Sport would like to officially welcome you and your child into Camps for the Summer of 2021. We are excited to launch Camp Menlo and bring back a sense of summer to your family and our community. Please read through our welcome email and **learn about our new check in/out system**, the daily schedule, and what to bring with you.

COVID 19:

In 2020 Menlo Swim and Sport worked to create a safe and fun summer camp experience that turned out to be an overwhelming success. 2021 has brought along several changes in guidelines that inch us closer and closer to normalcy. We have made some adjustments based on the new loosened restrictions and will continue to align camps with the evolving guidelines throughout the summer.

We still ask that your child stay home if they have experienced any of the following symptoms with 72 hours:

- Cough
- Shortness of breath or difficulty breathing
- Fever
- Chills
- Muscle pain
- Sore throat
- New loss of taste or smell
- In the last 14 days, to the best of your knowledge, have you had *CLOSE contact with someone who tested positive for COVID-19?
- In the last 14 days, to the best of your knowledge, have you had *CLOSE contact with someone who has been tested for COVID-19, the test results are not yet available, and the person had the symptoms of COVID-19 (described above) at the time of the contact? *CLOSE = within 6 feet for a period of time longer than 15 minutes

Check-in/ Check-Out:

We are excited to announce the implementation of KidCheck.

KidCheck is a secure electronic check in/out system that will add a level of convenience and safety to the process.

Prior to your first day at camp please download the KidCheck App or visit the KidCheck website and create a profile.

iOS/Andoid

<https://go.kidcheck.com/kcmobileapp.html?Name=Team%20Sheeper&ID=11193>

Online

<https://go.kidcheck.com/signin.aspx?action=register&customerid=11193&logoid=11193>

Daily Check In:

Using the App

1. Select Check-In at the bottom.
2. Select Use Express Check-In.
3. Select Start a New Check-In.
4. Select Your Camp(s) (if your child is in AM and PM select both).
5. Select Your Child.
6. Select Their Group(s) (you will receive an email with this info prior to Day 1).
7. Submit Check-In (when in Bluetooth range of the Express Hub).
8. Pickup your child's Name Badge and your Guardian Receipt at the kiosk.

*Check-In with ExpressHub cannot be used on Day 1. You must check-in with the person at the computer kiosk and provide us with the phone number on your KidCheck account. This will "associate" your account with us and you will be able to use ExpressHub on Day 2.

*Please prepare for a little longer Check-In process on Day 1.

At the Kiosk

1. Scan your KeyTag or provide your phone number to the kiosk attendant.
2. Tell the attendant what Camp(s) your child is in (AM, PM, or both).
3. Tell the attendant your child's name.
4. Tell the attendant your child's Group(s) (you will receive an email with this info prior to Day 1).
5. Pickup your child's Name Badge and your Guardian Receipt at the kiosk.

Daily Check Out:

Checking out must be done at the kiosk

1. Scan your KeyTag or provide your phone number to the kiosk attendant.
2. Provide the attendant with your Guardian Receipt.
3. The attendant will radio your child's group and your child will meet you at the kiosk.

Schedule:

Camp Menlo Jr. Camp AM: 9:00am to 12:30pm

Camp Schedule:

Each day the group will go through a series of activities in relation to lifeguard preparation and training.

1. **Water Time:** Each group will do several exercises underwater, work as a team to reach goals and practice entering/exiting the pool as it pertains to water safety
2. **Land/Deck Training:** There will be field exercises that include obstacles and timed training. A fun and competitive way to keep students engaged and energized!

What to Bring:

1. A towel
2. Swimsuit (changing rooms will be available)
3. Sunscreen / We have some, but if a specific kind is needed, please bring it.
4. Snacks (No snacks will be provided. No snacks are available for purchase from the Pro Shop)
5. Tennis Shoes for lawn game
6. Backpack or bag to store these items
7. Hat; nice to have, but not required
8. Sweat shirt
9. Facemask

*Your camper will need to bring their things to and from home and camp daily.

** If your camper is enrolled in both AM and PM Camps, please pack them a lunch

If you have any questions:

Peter Cordingley

General Manager / Head of Camps

peter@teamsheeper.com

Thomas Truong

Assistant Manager

ttruong@menloswim.com

Steve Young

Head of Operations

steve@teamsheeper.com

We are excited to kick off summer together!