



# Menlo Swim & Sport Burgess Pool Schedule: August 24<sup>th</sup> – Sept 29<sup>th</sup> , 2019

L = Laps, O = Open Swim, AF = Aqua Fit, SS = Swim School, MA = Menlo Aquatics, TNT = Leukemia & Lymphoma Society,  
MBL = Members Only Lap Swim

	MON		TUE		WED		THU		FRI		SAT			SUN				
5-6																		
6-7	Laps (6)		Laps (6)		Laps (6)		Laps (6)		Laps (6)									
7-8	Laps (6)		Laps (6)		Laps (6)		Laps (6)		Laps (6)		TNT (6)							
8-9	Aqua Fit (4)	L (2)	Aqua Fit (4)	L (2)	Aqua Fit (4)	L (2)	Aqua Fit (4)	L (2)	Aqua Fit (4)	L (2)	TNT (6)			Aqua Fit (4)	L (2)			
9-10	SS (2)	L (1)	Aqua Fit (3)	SS (2)	Laps (4)	SS (2)	L (1)	Aqua Fit (3)	SS (2)	Laps (4)	SS (2)	L (1)	Aqua Fit (3)	School (6)				
10-11	SS (2)	L (2)	Aqua Fit (2)	SS (2)	Laps (4)	SS (2)	L (2)	Aqua Fit (2)	SS (2)	Laps (4)	SS (2)	L (2)	Aqua Fit (2)	School (6)				
11-12	SS (2)	Laps (4)		SS (2)	Laps (4)		SS (2)	Laps (4)		SS (2)	Laps (4)		School (6)		School (4)	O (2)		
12-1	Laps (4)		O (2)	Laps (4)		O (2)	Laps (4)		O (2)	Laps (4)		O (2)	School (6)		School (4)	O (2)		
1-2	L (4)	O (2)	L (4)	O (2)	L (4)	O (2)	L (4)	O (2)	L (4)	O (2)	School (6)			School (4)	O (2)			
2-3	School (4)		O (2)	School (4)		O (2)	School (4)		O (2)	School (4)		O (2)	Open (3)	SS (1)	L (2)	Open (3)	SS (1)	L (2)
3-4	School (4)		O (2)	School (4)		O (2)	School (4)		O (2)	School (4)		O (2)	Open (4)		L (2)	Open (4)		L (2)
4-5	School (3)	MA (3)	School (3)	MA (3)	School (3)	MA (3)	School (3)	MA (3)	School (3)	MA (3)								
5-6	School (3)	MA (3)	School (3)	MA (3)	School (3)	MA (3)	School (3)	MA (3)	School (3)	MA (3)								
6-7	School (3)	MA (3)	School (3)	MA (3)	School (3)	MA (3)	School (3)	MA (3)	School (3)	MA (3)								
7-8	Laps (3)	SS (1)	O (2)	Aqua Fit (3)	SS (1)	O (2)	Laps (3)	O (3)	Aqua Fit (3)	SS (1)	O (2)							

Please call 650-781-5525 or visit [www.menloswim.com](http://www.menloswim.com) for updates and announcements

# Performance Pool - 80°

L = Laps, O = Open Swim, SA = SOLO Aquatics, AF = Aqua Fit, SS = Swim School, MA = Menlo Aquatics, TNT = Leukemia & Lymphoma Society, MBL = Members Only Lap Swim, MS&S TRI = Menlo Swim and Sport Triathlon, LG = Lifeguard Training

	MON		TUE		WED		THU		FRI		SAT		SUN		
5-6															
6-7	Masters (11)		Masters (11)		Masters (11)		Masters (11)		Masters (11)		Masters (9)				
6:45	9	2	9	2	9	2	9	2	9	2					
7-8	Masters (9)	L (2)	Masters (9)	L (2)	Masters (9)	L (2)	Masters (9)	L (2)	Masters (9)	L (2)	Masters (9)	MBL (2)	Masters (9)	MBL (2)	
8-9	Laps (11)		Laps (11)		Laps (11)		Laps (11)		Laps (11)		Masters (9)		L (2)	Polo (9)	L (2)
9-10	Laps (11)		Laps (11)		Laps (11)		Laps (11)		Laps (11)		TNT (11)		Polo (9)		L (2)
10-11	Laps (11)		Laps (11)		Laps (11)		Laps (11)		Laps (11)		Laps (4)	MA (5)	O (2)	Laps (9)	O (2)
11-12	Laps (11)		Laps (11)		Laps (11)		Laps (11)		Laps (11)		Laps (4)	MA (5)	O (2)	Laps (9)	O (2)
12-1	Masters (9)	L (2)	Masters (9)	L (2)	Masters (9)	L (2)	Masters (9)	L (2)	Masters (9)	L (2)	Laps (6)	LG (3)	O (2)	Laps (8)	LG (3)
1-2	Lap (11)		Laps (11)		Lap (11)		Laps (11)		Laps (11)		Laps (8)		LG (3)	Laps (8)	LG (3)
2-3	Laps (11)		Laps (11)		Laps (11)		Laps (11)		Laps (11)		Laps (8)		LG (3)	Laps (8)	LG (3)
3-4	Laps (9)	SS (2)	Laps (9)	SS (2)	Laps (9)	SS (2)	Laps (9)	SS (2)	Laps (9)	SS (2)	Laps (8)	LG (3)	Laps (8)	LG (3)	
4-5	L (3)	SOLO (8)	L (3)	SOLO (8)	L (3)	SOLO (8)	L (3)	SOLO (8)	L (3)	SOLO (8)					
5-5:30	L (3)	(8)	L (3)	(8)	L (3)	(8)	L (3)	(8)	L (3)	(8)					
5:30-6	(3)		(3)		(3)		(3)		(3)						
6-7	L (3)	MA (8)	L (3)	MA (8)	L (3)	MA (8)	L (3)	MA (8)	L (3)	MA (8)					
7-8	L (3)	MA (8)	Laps (3)	MA (8)	L (3)	Polo (8)	L (3)	MA (8)							
	Underwater Hockey				Underwater Hockey										

**\*\*Please note\*\*** Lap Swimmers may be affected by having lap lanes reserved for our Swim Pro students and other programs. •We reserve the right to make any schedule alterations, including on warm days and holiday