



Burgess Pool Lap Lane Availability

JUNE 1ST - JUNE 30TH

Summer Season: Saturday, June 21st – Sunday, August 25th

Instructional Pool 87° 25 Yards (6 Lanes)

	MON	TUE	WED	THU	FRI	SAT	SUN
6 - 7	6	6	6	6	6	-	-
7-7:30	6	6	6	6	6	-	-
7:50	2	2	2	2	2	-	-
8 - 9	2	2	2	2	2	-	2
9 - 10	1	3	1	3	1	-	-
10 - 11	1	3	1	3	1	∅	∅
11 - 12	3	3	3	3	3	∅	∅
12-1	4	4	4	4	4	∅	∅
1 - 2	1	1	1	1	1	∅	∅
2 - 3	∅	∅	∅	∅	∅	1	1
3 - 4	∅	∅	∅	∅	∅	1	1
4 - 5	∅	∅	∅	∅	∅	1	1
5 - 6	∅	∅	∅	∅	∅	1	1
6 - 7	∅	∅	∅	∅	∅	-	-
7 - 8	4	∅	9	∅	-	-	-

Performance Pool 80° 25 Yards (11 Lanes)

	MON	TUE	WED	THU	FRI	SAT	SUN
6-6:45	∅	∅	∅	∅	∅	2	-
6:45-7	2	2	2	2	2	Members Only	-
7-8	2	2	2	2	2	2	2
8-9	11	11	11	11	11	Members Only	Members Only
9-10	8	8	8	8	8	2	2
10-11	8	8	8	8	8	-	2
11-11:20	10	10	10	10	10	5	9
11:20-12	8	8	8	8	8	5	9
12-1	2	2	2	2	2	7	9
1-2	9	9	9	9	9	9	9
2-2:30	11	11	11	11	11	9	9
2:30-3	7	7	6	7	11	9	9
3-4	5	5	9	5	11	9	9
4-5	3	3	3	3	3	9	9
5-6	3	3	3	3	3	-	-
6-7	3	3	3	3	3	-	-
7-8	3	3	2	3	3	-	-

Short Course: 25 Yards (70 lengths of the pool = 1 mile)

Changes to Lap Lane Availability:

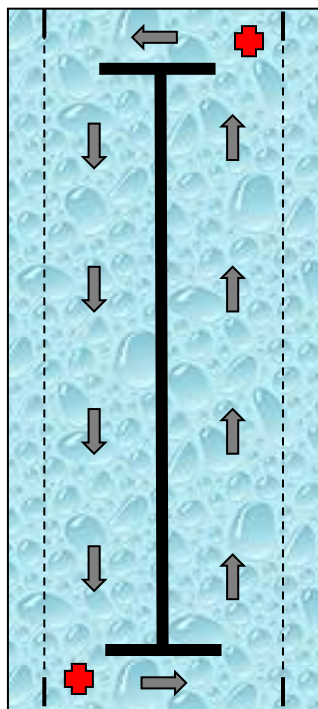
☺ Menlo Mavericks Burgess Pool Swim Meets: Friday, June 21st, Friday, June 28th

Starting at **3:30pm** the Performance Pool will be dedicated to the Mavericks youth swim meet. There will be **no lap swimming** or Solo Aquatics practice during this time.

- ♦ Lap Swimmers may be affected by having lap lanes reserved for our Swim Pro students
- ♦ We reserve the right to make any schedule alterations, including warm days and holidays

Please call 650-781-5525 or visit www.menloswim.com for updates and announcements.

Lap Pool Etiquette



Circle Swim Diagram

When sharing a lane with others, keep to your right and swim in a circular pattern as shown above.

Sharing the Lane

- Two swimmers should split the lane, each one swimming on one side.
- Three swimmers or more should swim circling counterclockwise.
- Responsibility of swimmer entering the lane to notify the swimmers currently in the lane

Passing

- Pass on the left.
- Alert the person in front of you by tapping their foot before passing.

Entering

- Always enter feet first and wait until all swimmers have made the turn and pushed off.

Stopping/Resting

- Squeeze into the corner to the right of oncoming swimmers.

Speed

- Attempt to enter a lane with swimmers that match your projected speed, so all swimmers can flow and have a positive experience.

Summer Season Hours:

Sat., June 1st – Sun., August 25th

Lap Swimming:

Monday – Thursday 6:00am – 8:00pm
Friday 6:00am – 8:00pm

Saturday 7:30am – 9:00am

10:00am – 5:00pm

Sunday 7:30am – 5:00pm

Members Only Lap Swimming:

Saturday 6:00am – 7:30am

Sunday 7:00am – 7:30am

Menlo Swim and Sport

(650) 781-5525 Front Desk

(650) 330-2232 Service Center

www.menloswim.com

Lap Swimming Pricing:

Menlo Park Resident

\$50 per month
\$142 per quarter
\$7 per drop-in visit

Non-Resident

\$58 per month
\$165 per quarter
\$8 per drop-in visit

Menlo Park Resident and Student/Senior

\$6 per drop-in visit

Non-Resident and Student/Senior

\$7 per drop-in visit

There is a 25% discount off of the membership rate for seniors who are 65 and older. To be eligible for the 25% student discount, you must be enrolled full time at an accredited high school, secondary, or vocational school.