



Menlo Swim & Sport Burgess Pool Schedule: October 1st – April, 2019

Non Summer Season: Monday, September 3rd – April, 2019

Instructional Pool - 87°

L = Laps, O = Open Swim, AF = Aqua Fit, SS = Swim School, MA = Menlo Aquatics, TNT = Leukemia & Lymphoma Society, MBL = Members
Only Lap Swim

| | MON | | TUE | | WED | | THU | | FRI | | SAT | | | SUN | | |
|-------|--------------|----------|--------------|--------------|--------------|--------|--------------|--------------|--------------|----------|----------|--------|--------------|--------------|------------|-------|
| 5-6 | | | | | | | | | | | | | | | | |
| 6-7 | Laps (6) | | Laps (6) | | Laps (6) | | Laps (6) | | Laps (6) | | | | | | | |
| 7-8 | Laps (6) | | Laps (6) | | Laps (6) | | Laps (6) | | Laps (6) | | | | | | | |
| 8-9 | Aqua Fit (4) | L (2) | Aqua Fit (4) | L (2) | Aqua Fit (4) | L (2) | Aqua Fit (4) | L (2) | Aqua Fit (4) | L (2) | | | | Aqua Fit (4) | L (2) | |
| 9-10 | SS (2) | L (1) | Aqua Fit (3) | SS (2) | Laps (4) | SS (2) | L (1) | Aqua Fit (3) | SS (2) | Laps (4) | SS (2) | L (1) | Aqua Fit (3) | School (6) | School (6) | |
| 10-11 | SS (2) | L (2) | Aqua Fit (2) | SS (2) | Laps (4) | SS (2) | L (2) | Aqua Fit (2) | SS (2) | Laps (4) | SS (2) | L (2) | Aqua Fit (2) | School (6) | School (6) | |
| 11-12 | SS (2) | Laps (4) | | SS (2) | Laps (4) | | SS (2) | Laps (4) | | SS (2) | Laps (4) | | School (6) | School (4) | O (2) | |
| 12-1 | Laps (4) | | O (2) | Laps (4) | | O (2) | Laps (4) | | O (2) | Laps (4) | | O (2) | School (6) | School (4) | O (2) | |
| 1-2 | L (4) | | O (2) | L (4) | | O (2) | L (4) | | O (2) | L (4) | | O (2) | School (6) | School (4) | O (2) | |
| 2-3 | School (4) | O (2) | School (4) | O (2) | School (4) | O (2) | School (4) | O (2) | School (4) | O (2) | Open (3) | SS (1) | L (2) | Open (3) | SS (1) | L (2) |
| 3-4 | School (4) | O (2) | School (4) | O (2) | School (4) | O (2) | School (4) | O (2) | School (4) | O (2) | Open (4) | | L (2) | Open (4) | L (2) | |
| 4-5 | School (3) | MA (3) | School (3) | MA (3) | School (3) | MA (3) | School (3) | MA (3) | School (3) | MA (3) | | | | | | |
| 5-6 | School (3) | MA (3) | School (3) | MA (3) | School (3) | MA (3) | School (3) | MA (3) | School (3) | MA (3) | | | | | | |
| 6-7 | School (3) | MA (3) | School (3) | MA (3) | School (3) | MA (3) | School (3) | MA (3) | School (3) | MA (3) | | | | | | |
| 7-8 | Laps (3) | SS (1) | O (2) | Aqua Fit (3) | SS (1) | O (2) | Laps (3) | O (3) | Aqua Fit (3) | SS (1) | O (2) | | | | | |

Please call 650-328-SWIM or visit www.menloswim.com for updates and announcements

Performance Pool - 80°

L = Laps, O = Open Swim, SA = SOLO Aquatics, AF = Aqua Fit, SS = Swim School, MA = Menlo Aquatics, TNT = Leukemia & Lymphoma Society, MBL = Members Only Lap Swim, MS&S TRI = Menlo Swim and Sport Triathlon, LG = Lifeguard Training

| | MON | | TUE | | WED | | THU | | FRI | | SAT | | SUN | | |
|--------|--------------|----------|-------------------|----------|--------------|----------|-------------------|----------|--------------|----------|-------------|---------|-------------|----------|--------|
| 5-6 | | | | | | | | | | | | | | | |
| 6-7 | Masters (11) | | Masters (11) | | Masters (11) | | Masters (11) | | Masters (11) | | Masters (9) | | MBL (2) | | |
| 6:45 | 9 | 2 | 9 | 2 | 9 | 2 | 9 | 2 | 9 | 2 | | | | | |
| 7-8 | Masters (9) | L (2) | Masters (9) | L (2) | Masters (9) | L (2) | Masters (9) | L (2) | Masters (9) | L (2) | Masters (9) | MBL (2) | Masters (9) | MBL (2) | |
| 8-9 | Laps (11) | | Laps (11) | | Laps (11) | | Laps (11) | | Laps (11) | | Masters (9) | L (2) | Polo (9) | L (2) | |
| 9-10 | Laps (11) | | Laps (11) | | Laps (11) | | Laps (11) | | Laps (11) | | TNT | | Polo (9) | L (2) | |
| 10-11 | Laps (11) | | Laps (11) | | Laps (11) | | Laps (11) | | Laps (11) | | Laps (4) | MA (5) | O (2) | Laps (9) | O (2) |
| 11-12 | Laps (11) | | Laps (11) | | Laps (11) | | Laps (11) | | Laps (11) | | Laps (4) | MA (5) | O (2) | Laps (9) | O (2) |
| 12-1 | Masters (9) | L (2) | Masters (9) | L (2) | Masters (9) | L (2) | Masters (9) | L (2) | Masters (9) | L (2) | Laps (6) | LG (3) | O (2) | Laps (8) | LG (3) |
| 1-2 | Lap (11) | | Laps (11) | | Lap (11) | | Laps (11) | | Laps (11) | | Laps (8) | LG (3) | Laps (8) | LG (3) | |
| 2-3 | Laps (11) | | Laps (11) | | Laps (11) | | Laps (11) | | Laps (11) | | Laps (8) | LG (3) | Laps (8) | LG (3) | |
| 3-4 | Laps (9) | SS (2) | Laps (9) | SS (2) | Laps (9) | SS (2) | Laps (9) | SS (2) | Laps (9) | SS (2) | Laps (8) | LG (3) | Laps (8) | LG (3) | |
| 4-5 | L (3) | SOLO (8) | L (3) | SOLO (8) | L (3) | SOLO (8) | L (3) | SOLO (8) | L (3) | SOLO (8) | | | | | |
| 5-5:30 | L (3) | (8) | L (3) | (8) | L (3) | (8) | L (3) | (8) | L (3) | (8) | | | | | |
| 5:30-6 | (3) | | (3) | | (3) | | (3) | | (3) | | | | | | |
| 6-7 | L (3) | MA (8) | L (3) | MA (8) | L (3) | MA (8) | L (3) | MA (8) | L (3) | MA (8) | | | | | |
| 7-8 | L (3) | MA (8) | Laps (3) | MA (8) | L (3) | Polo (8) | L (3) | MA (8) | | | | | | | |
| | | | Underwater Hockey | | | | Underwater Hockey | | | | | | | | |

Mark your Calendar:

☺ December 25- Christmas: **CLOSED**/ January 1-New Years Day: **CLOSED**

☺ TNT Dates: Saturdays from 9am – 10am in Performance Pool (all 11 lanes occupied): January 5, 12, 19, 26 February 2, 9, 16, 23, March 9, 16, 23, 30 April 6, 13, 20, 27

****Please note**** Lap Swimmers may be affected by having lap lanes reserved for our Swim Pro students and other programs. We reserve the right to make any schedule alterations, including on warm days and holiday

Baby Pool Closed